



City of New Bedford
Jonathan F. Mitchell, Mayor

City of New Bedford
Office of the Mayor
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P R E S S R E L E A S E

New Bedford Department of Community Services Fresh Start Program to host support and self-help group for persons struggling with clutter

New Bedford, Massachusetts – The City of New Bedford’s Department of Community Services and Council on Aging’s Fresh Start Program will host a peer support group, Buried in Treasures, that is open to individuals with a clutter disorder and/or their family members.

The group will meet on Tuesdays from 1 to 3 p.m. at Hazelwood Senior center, 553 Brock Avenue. The first meeting is Tuesday, September 5 at 1 p.m.

The group will meet for 20 weeks, through February 2018. Workshops will provide information, support, and ways to begin to de-clutter and stop over-acquiring. Participants share their personal stories with people who have the same struggles; they set goals and complete exercises at home to begin to address their habits.

Over the past several years, the City’s Health and Community Services departments have held events for those seeking solutions to their struggles with clutter, and has trained staff to host peer support groups for interested individuals.

Portuguese and Spanish translations are available. For more information, or for any accommodations including materials in Braille/large print, or Sign Language interpretation, contact Ann O’Donnell at 508-984-2648 or Jordan Duarte at 508-991-6208.

The New Bedford Department of Community Services includes the Council on Aging and works to provide resources for residents that facilitate positive youth development, social/economic self-sufficiency in adults, and aging with dignity in home and community settings.

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