



NEW BEDFORD COMMUNITY PRESERVATION COMMITTEE

COMMUNITY PRESERVATION ACT PROJECT APPLICATION

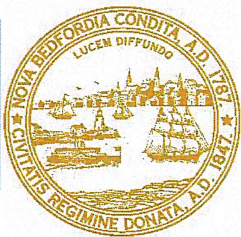
FY18

Application Form Deadline: **December 11, 2017**

Applicants must submit this application no later than 12:00PM on Monday, December 11, 2017. Please refer to Submission Requirements within the Application Packet Instructions.

Full applications will not be accepted--regardless of project eligibility--until the Project Eligibility Determination Form has been submitted and approved.

Department of Planning, Housing & Community Development
608 Pleasant Street, 2nd Floor
Patrick Sullivan, Director

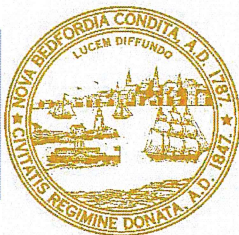


Project Application

Submission Requirements Checklist

Application items should be presented in the following order. Please check each item included in your submission.

GENERAL	
<input checked="" type="checkbox"/>	Application Cover Page(form provided)
<input checked="" type="checkbox"/>	Submission Requirements Checklist (this form)
<input checked="" type="checkbox"/>	Narratives (prompts provided)
<input checked="" type="checkbox"/>	Project Schedule(form provided)
FINANCIAL	
<input checked="" type="checkbox"/>	Budget Form (form provided)
<input checked="" type="checkbox"/>	At least two written quotes for project costs. Detailed cost estimates and/or written quotes.
<input type="checkbox"/>	Proof of secured funding (commitment letters or bank statements), if applicable.
OWNERSHIP/OPERATION (NON-CITY)	
<input type="checkbox"/>	If the applicant is not the owner, attach documentation of site control or written consent of owner to undertake the project.
<input type="checkbox"/>	Certificate of Good Standing(if operating as a corporation)
<input type="checkbox"/>	501(c)(3) certification (if operating as a non-profit)
<input type="checkbox"/>	Purchase & Sale agreement or copy of current recorded deed, if applicable.
COMMUNITY SUPPORT	
<input checked="" type="checkbox"/>	Letters of support from residents, community groups, city departments, boards or commissions, etc.
HISTORIC RESOURCES PROJECTS	
<input type="checkbox"/>	Documentation that the project is listed on the State Register of Historic Places or a written determination from the New Bedford Historical Commission that the resource is significant in the history, archeology, architecture, or culture of New Bedford.
<input type="checkbox"/>	Photos documenting the condition of the property.
<input type="checkbox"/>	Report or condition assessment by a qualified professional describing the current condition of the property, if available.
PLANS & REPORTS <i>The following plans and reports, if available, will strength your application, (submit in digital format only). Applicants are encouraged to submit as much detail as possible.</i>	
<input type="checkbox"/>	Renderings, site plans, engineering plans, design and bidding plans, specifications, and any MAAB variance requests.
<input type="checkbox"/>	Applicable reports (21E, Historic Structure Report, appraisals, survey plan, feasibility studies, etc.)
VISUAL	
<input checked="" type="checkbox"/>	Map of the property location (if applicable, show wetlands and wetland buffers, flood plain, water bodies, parks, open spaces, rails, and other features pertinent to the project). Applicants may use the City's interactive mapping website .
<input checked="" type="checkbox"/>	Photos of the project site (not more than four views per site) Digital copies required.
<input checked="" type="checkbox"/>	Catalog cuts (i.e. recreation equipment) if applicable.



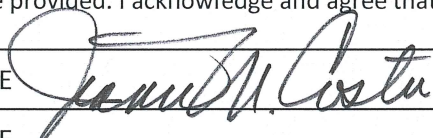
CITY OF NEW BEDFORD
COMMUNITY PRESERVATION FUND FY 2018

Project Application Cover Page

PROJECT INFORMATION			
PROJECT TITLE:	Buttonwood Park Adult Outdoor Fitness Equipment Concept		
PROJECT LOCATION:	Buttonwood Park - northern tennis court		
LEGAL PROPERTY OWNER OF RECORD	City of New Bedford		
CPA PROGRAM CATEGORY (Indicate all categories that apply)	<input type="checkbox"/> OPEN SPACE	<input type="checkbox"/> HISTORIC PRESERVATION	
	<input checked="" type="checkbox"/> RECREATION	<input type="checkbox"/> HOUSING	
ESTIMATED START DATE	Spring 2018	ESTIMATED COMPLETION DATE	Fall 2018
ONE SENTENCE DESCRIPTION OF PROJECT	Fitness equip for adults, seniors, young adults and people with disability		

APPLICANT INFORMATION			
THE APPLICANT IS: (Check only one)	<input type="checkbox"/> CITY BOARD OR DEPT	<input type="checkbox"/> NON PROFIT 501c3	<input checked="" type="checkbox"/> PRIVATE GROUP/INDIV
APPLICANT / ORGANIZATION:	Cultural Consultants		
CO-APPLICANT NAME/ORGANIZATION: (If applicable)	Buttonwood Neighborhood Association/New Bedford Park Dept		
CONTACT PERSON:	Jeanne Costa		
MAILING ADDRESS:	599 Union St. New Bedford MA 02740		
TELEPHONE #:	508.999.1223	EMAIL:	writercv@aol.com

BUDGET SUMMARY	
CPA FUNDING REQUEST (must match CPA request in attached Budget Summary)	\$48,842.00
TOTAL BUDGET FOR PROJECT	\$48,842.00

SIGNATURES		
I/we attest that all information provided in this entire submission is true and correct to the best of my/our knowledge and that no information has been excluded, which might reasonably affect funding. I/we authorize the Community Preservation Committee and/or the City of New Bedford to obtain verification from any source provided. I acknowledge and agree that a permanent restriction may be placed on the property as a condition of funding.		
NAME (printed) JEANNE M. COSTA	SIGNATURE 	DATE: 12.11.17
NAME (printed)	SIGNATURE	DATE:

PROJECT NARRATIVES**Project Description****1 GENERAL NARRATIVE (1000 Character Maximum)**

Provide a description of:

- *The project's location, the property involved and its proposed use.*
- *The proposed scope of work.*

The proposed project is Outdoor Adult Fitness Equipment will be located in a designated area at Buttonwood Park, one of the largest parks in New Bedford. The proposed project is a perfect fit with the current revitalization of the basketball courts and the upcoming reconstruction of the pre-existing two tennis courts this spring 2018. (see attached: equipment picture concept

The Proposed scope of work will include replacing the removing the existing tennis court and and replacing it with a new concrete surface that will also include a rubberized safety surface, a newly constructed path and the installation of the fitness equipment.

In addition, the proposed concept will include handicap parking near the designated area.

2 COMMUNITY NEED (1000 Character Maximum)

- *What community need(s) will this project address? How does the project benefit the public and what populations(s) will it serve? If it serves a population currently underserved, please describe.*
- *How does the project preserve and enhance the character New Bedford?*

There are over 77 million Baby Boomers in the country in need of exercise to maintain their health so we believe its time to really think about the idea of "active aging" and give serious thought to the Outdoor Adult Fitness Equipment" concept which would be accessible to adults, seniors, people with disabilities and young adults. The U.S. continues to have the highest rate of obesity and other diseases related to obesity, The Dept of Health and Human Services estimated that due to obesity alone, the cost for preventative health consequences could reach \$117 billion. This project would be a win-win for everyone in the city of NB and meets at least three of the CP goals and criterion: Its located in a historic area, it recreational and will be in the open air as we "take it outside" and make exercising more accessible to all.

The exercising equipment will be state of the art and will add to the beauty of the park.

PROJECT NARRATIVES

Project Description

3 GOALS & OBJECTIVES (1000 Character Maximum)

- Describe the project's goals and objectives. The objectives must be specific, measurable, achievable and realistic.
- How does the project meet the general and category-specific priorities outlined in the Community Preservation Plan or other current relevant planning documents?

The goal of the Outdoor Fitness Equipment is to construct a safe recreational area for people to take advantage of being in the open air while enjoying the vistas of this historical park.

Using the template of other successful adult outdoor equipment themes which have been tested and proven for safety and durability we are confident that the chosen design will meet with city codes and the aesthetic concerns (if any) of the community.

4 MEASURING SUCCESS (1000 Character Maximum)

- How will the success of this project be measured?

The projects success will be measured by the daily use of the outdoor equipment. Research has proven that if you build it, they will come. Adult "playgrounds) have been successful throughout the world.

For example:

Municipal governments in Denmark are beginning to follow the outdoor exercise trend. In Ballerup Municipality, a region located northwest of Copenhagen, facilities have been installed near five different residential areas, and city planners are working with businesses in Ballerup to install additional facilities near workplaces. The project is part of a long-term effort to focus on public health in Ballerup Municipality, with an emphasis on voluntary participation in healthy activities. City planners want to ensure that "the healthy choice" is also "the easy choice," so improving the accessibility of exercise facilities is a central part of this initiative.

London: The first "adult playground" opened in central London's Hyde Park in May 2010.

PROJECT NARRATIVES

Project Description

5 COMMUNITY SUPPORT (1000 Character Maximum)

- *Explain the level of community support this project has received. If at all possible, please include letters of support from any groups or individuals who have endorsed this project.*

The community support initially began with a written motion from the City Council dated July 16, 2015.

Letter of support: November 13, 2017 from present Ward 5 City Councilor Kerry Winterson

Letter of support: November 30, 2017, Mary Rapoza, Director of Parks and Beaches

Approval of the Park Board, Wednesday, October 18, 2017 of this project and handicapped parking

Letter of support: : November 30, 2017, Debra Lee, Director of Council on Aging

Letter of support: November 30, 2017, Dennis Demarinis, New Bedford Commission for Citizens with Disabilities

see attached letters of support

6 CRITICAL NEED (1000 Character Maximum)

- *Is this project of an urgent nature?*
- *Is there a deadline or factors not controlled by the applicant (i.e. opportunity for immediate acquisition, opportunity to leverage available non-CPA grant or other financial opportunity)?*
- *For historic resource applications, is the property at risk for irreparable loss? If so, please include a condition assessment from a qualified professional.*

1. The project is not of an "urgent nature" but it will provide an alternative to indoor exercising at a cost that is not often affordable to the many of the residents in the community of New Bedford who either live on a fixed income or live on a lower income which doesn't allow for the luxury of most gym memberships.

2. The upcoming reconstruction of the tennis court projection starting date is Spring, 2018

3. DPI removal pending with the above project

4. The upcoming re. The element of time, the adult outdoor fitness project could be completed in conjunction with the above project.

PROJECT NARRATIVES

Financial

1 FINANCIAL INFORMATION (2000 Character Maximum)

- Describe all successful and unsuccessful attempts to secure funding and/or in-kind contributions, donations, or volunteer labor for the project.
- Will the project require funding over multiple years, and if so, provide annual funding requirements.
- What is the basis for the total CPA request?
- How will the project be affected if it does not receive CPA funds or a reduced amount?

In - Kind: City of New Bedford Project Manager	\$15, 000.00
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In Kind: Sheriff's Dept: Work Inmate Crew	\$2, 550.00
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Total In Kind	\$ 17,550.00
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In Kind DPI removal pending

Fitness Equipment and Design	\$20,187.00
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Equipment Installation at state prevailing wage	3, 620.00
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Concrete Installation	4, 875.00
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Rubber Safety Surfacing	20, 160.00
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Total Project Funding	\$48,842.00
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Southcoast Health Community Grant has been filed on December 1, 2017. Announcement award by January 1, 2018

One third of this project is of In Kind status

Funding will not be required over multiple years

The basis of this CPA request is to provide funding for the adult outdoor fitness equipment at Buttonwood Park

The CPA funding is important to complete this project since Ward 5 is not eligible for Community Development Bock Grant funding.

PROJECT NARRATIVES

Project Management

1 APPLICANT INFORMATION (1000 Character Maximum)

- Describe the applicant. Are they public, private non-profit, private for-profit, an individual, a partnership, or another type of entity? What is their history and background?
- Identify and describe the roles of all participants (applicants, architects, contractors, etc.), including the project manager.

The applicants of this project is the Cultural Consultants, Buttonwood Neighborhood Association and the City of New Bedford Park Dept.

The Cultural Consultants have been in existence since 1998, spearheading numerous cultural events within the various communities focusing on bridging the cultural gap within the city of New Bedford.

The Buttonwood Park Neighborhood Association has been gathering the first Wednesday for the past two years at the Warming House with an attendance of 50 plus.

The City of New Bedford will be the fiscal conduit and in kind project manager

2 APPLICANT BACKGROUND (1000 Character Maximum)

- Describe any past projects of similar type and scale, or experience that demonstrates the applicant's ability to carry out this project.

When you combine the three applicant and co-applicants; The Cultural Consultants, the Buttonwood Neighborhood Associations and the Park Department, we have the experience through various partnerships and work experience on projects that have been successful which will allow us to carry out this project. The Park department has especially been successful with installing similar equipment in another New Bedford Park.

The Cultural Consultants is a group which consist of New Bedford residents who have offered a series of cultural events throughout the years that included (but not limited to), neighborhood concerts, diverse speaking presentations, book reviews and signings, etc. throughout the various communities.

The Buttonwood Neighborhood Association has accomplished a number of activities for the park and the neighborhood such as receiving two United Way mini grants for Smiles and Blooms beautification projects where over 2,000 bulbs were planted. First tree lighting Dec.6, 2017

PROJECT NARRATIVES

Project Management

3 PROJECT FEASIBILITY (1000 Character Maximum)

- *List and explain further actions or steps required for completion of the project, such as environmental assessments, zoning or other permits and approvals, agreement on terms of any required conservation, affordability or historic preservation agreements, subordination agreements, and any known or potential barriers or impediments to project implementation.*

N/A

4 PROJECT MAINTENANCE (1000 Character Maximum)

- *Please explain the long-term maintenance plan for the completed project.*

The long term maintenance will be provided by the City of New Bedford Parks and Beaches Department, City of New Bedford Department of Infrastructure and Buttonwood Park Neighborhood Association.

The equipment designed with very few moving parts that will breakdown or need maintenance.

PROJECT NARRATIVES**Historic Resources Rehabilitation Projects Requirements****CPA Compliance (1000 Character Maximum)**

- Describe how the proposed project complies with the [U.S. Secretary of the Interior's Standards for Rehabilitation](#), as required by the CPA legislation under the definition of rehabilitation.
- Describe how the applicant will ensure compliance with these standards as the project is ongoing, including an identification of who will make historic preservation determinations.

N/A

Accessibility Requirements**CPA Compliance (1000 Character Maximum)**

- Describe how the proposed project complies with the all [ADA/MAAB Regulations](#).

It is our intention to make the area accessible to people with disabilities according to the ADA and MAAB regulations.
The equipment and area will be designed for adults, seniors, young adults and people with disabilities. There will be a path to the equipment and parking close to the area where the equipment will be located.

PROJECT NARRATIVES

Community Housing Projects Requirements

CPA Compliance (1000 Character Maximum)

- Describe how the proposed project complies with CPA affordability requirements.(100%of AMI for New Bedford)
- Describe the number and types of units (e.g.: 1br, 2br).
- Provide a complete Development Budget and an Operating Budget (for rental properties).

N/A

PROJECT SCHEDULE

Please provide a project timeline below, noting all project milestones. Please note that because the City Council must approve all appropriations, CPA funds, if awarded, may not be available until up to two months following CPC approval.

	ACTIVITY	ESTIMATED DATE
PROJECT START DATE:	Once funds are awarded, equipment will be ordered	
PROJECT MILESTONE:	clearing and preparation of the grounds for equipment	late Spring/summer 2018
50% COMPLETION STAGE:	preparation for equipment installation	Late Spring/Summer/July 2018
PROJECT MILESTONE:	concrete installations and rubber safety surface	early September 2018
PROJECT COMPLETION DATE:	Open to the public for use	Fall 2018

PROJECT BUDGET

Please include a complete itemized budget of all project expenses, including the proposed funding source for each expense, in your submission. Note: CPA funds cannot be used for maintenance.

FUNDING SOURCES		EXPENSES				
		STUDY	SOFT COSTS*	ACQUISITION	CONSTRUCTION**	TOTAL
1	NEW BEDFORD CPA	\$	\$	\$	\$	\$48,842.00
2	Fitness Equipment	\$	\$	\$	\$	\$20,187.00
3	Equipment Installation	\$	\$	\$	\$	\$3,620.00
4	Concrete Installation	\$	\$	\$	\$	\$4,875.00
5	Rubber Safety Surface	\$	\$	\$	\$	\$20,160.00
TOTAL PROJECT COSTS		\$	\$	\$	\$	\$48,842.00

* Soft costs include design, professional services, permitting fees, closing costs, legal, etc.

** Construction refers to new construction, rehabilitation, preservation, restoration work, and/or accessibility related expenses.

Project Cost Summary

Please explain the status of each funding source (i.e., submitting application on X date, applied on X date, received award notification on X date, funds on hand, etc.). For sources where funding has been awarded or funds are on hand, please include documentation from the funding source (e.g., commitment letter, bank statement) in application packet.

FUNDING SOURCE	STATUS OF FUNDING
1 CPA	pending
2 Southcoast Health Community Grant	pending
3 Eccofit	pending
4 Ultiplac	pending
5 National Fitness Campaign	pending

Construction Projects Only

ACTIVITY	CPA FUNDS	OTHER FUNDS	TOTAL
Acquisition Costs			
Land	\$	\$	\$
Existing Structures	\$	\$	\$
Other acquisition costs	\$	\$	\$
Site Work (not in construction contract)			
Demolition/clearance	\$	\$	\$
Other site costs	\$	\$	\$
Construction/Project Improvement Costs			
New Construction	\$	\$	\$
Rehabilitation	\$	\$	\$
Performance bond premium	\$	\$	\$
Construction contingency	\$	\$	\$
Other	\$	\$	\$
Architectural and Engineering			
Architect fees	\$	\$	\$
Engineering fees	\$	\$	\$
Other A & E fees	\$	\$	\$
Other Owner Costs			
Appraisal fees	\$	\$	\$
Survey	\$	\$	\$
Soil boring/environmental/LBP	\$	\$	\$
Tap fees and impact fees	\$	\$	\$
Permitting fees	\$	\$	\$
Legal fees	\$	\$	\$
Other	\$	\$	\$
Miscellaneous Costs			
Developer fees	\$	\$	\$
Project reserves	\$	\$	\$
Relocation costs	\$	\$	\$
Project Administration & Management Costs			
Marketing/management	\$	\$	\$
Operating	\$	\$	\$
Taxes	\$	\$	\$
Insurance	\$	\$	\$
Other	\$	\$	\$
TOTAL	\$	\$	\$

Funding Sources	Date	Amount
In Kind City of NB Proj Mngr	pending	\$15,000.00
In Kind Sheriff's Dept.	pending	\$2,550
In Kind DPI Removal	pending	? ?
Total In Kind		\$17, 550.00
Fitness Equipment		\$20,187.00
Equipment Installation at State prefailing wages		\$3, 620.00
Concret Installation		\$4,875.00
Rubber Safety Surface		\$20, 160.00
Southocast Opportunity grant	pending	\$7,500
Uta Plac Fitness Equip	pending	11% discount
National Fitness Equip	pending	up to \$10,000
Exo Fit equipment	pending based on level of euip	\$0-15,000 = 50% Match \$15,001-30,000 = 70% Match \$30,001 + = 100% Match

s using Chrome

Print updates built in



Google

writercv@aol.com

11/29/2017 3:25 PM

Fwd: Fitness area

To jacquelineskin@comcast.net

-----Original Message-----

From: writercv <writercv@aol.com>

To: mary.rapoza <mary.rapoza@newbedford-ma.gov>; jacquelineskin <jacquelineskin@comcast.net>

Sent: Tue, Nov 28, 2017 4:36 pm

Subject: Fwd: Fitness area

Hi, fyi...

-----Original Message-----

From: Joe McMahon <jmcmahon@ultiplayus.com>

To: writercv <writercv@aol.com>

Sent: Tue, Nov 28, 2017 3:00 pm

Subject: Fitness area

Hi Jeanne , Please see attached plans for the fitness area that you requested for Buttonwood Park .

Included in the design are three Energi Stations with signs . This equipment is design for age groups from 13-70 .

The equipment has very few moving parts that will breakdown or need maintenance .

I have also included a Life Trail station this is designed for active older people , included is a lower and upper body cycling and PNF exercise .

The cost for the equipment as shown is \$ 20,390 . I would imagine you can purchase this off the state contract and the discount on this would be 11% . Prices below and I can certainly provide a more formal quote when needed.

Fitness design	\$ 18,147
Shipping	\$ 1,940
Installation at prevailing wage	\$ 3,620

If you wanted to do rubber over the concrete pad there are many options on this that you could select from .

Ball park price for the rubber 2" system 50/50 blend color to black , standard binder estimated cost . \$ 20,160 .

As I mentioned this is fitness equipment so technically you do not need surfacing under the equipment .

Please contact me with any questions you may have

Thank you

Joe McMahon CPSI

Eastern Massachusetts Sales Representative

UltiPlay Parks & Playgrounds Inc.

P.O. Box 374, Uxbridge, MA 01569

JMcMahon@ultiplayus.com

Tel: 866-575-PLAY

Cell: 508-294-6518

Fax: 508-634-6949

www.ultiplayus.com



ULTIPLAY PARK &
PLAYGROUNDS, INC.
P.O. Box 374
Uxbridge, MA 01569
866-575-PLAY

EQUIPMENT SIZE:

USE ZONE:
40' x 40'

AREA:
1600 SqFt.

PERIMETER:
160 Ft.

FALL HEIGHT:
0 Ft.

USER CAPACITY:
14

AGE GROUP:
13+

PROJECT NO:
BUTTON-DLG

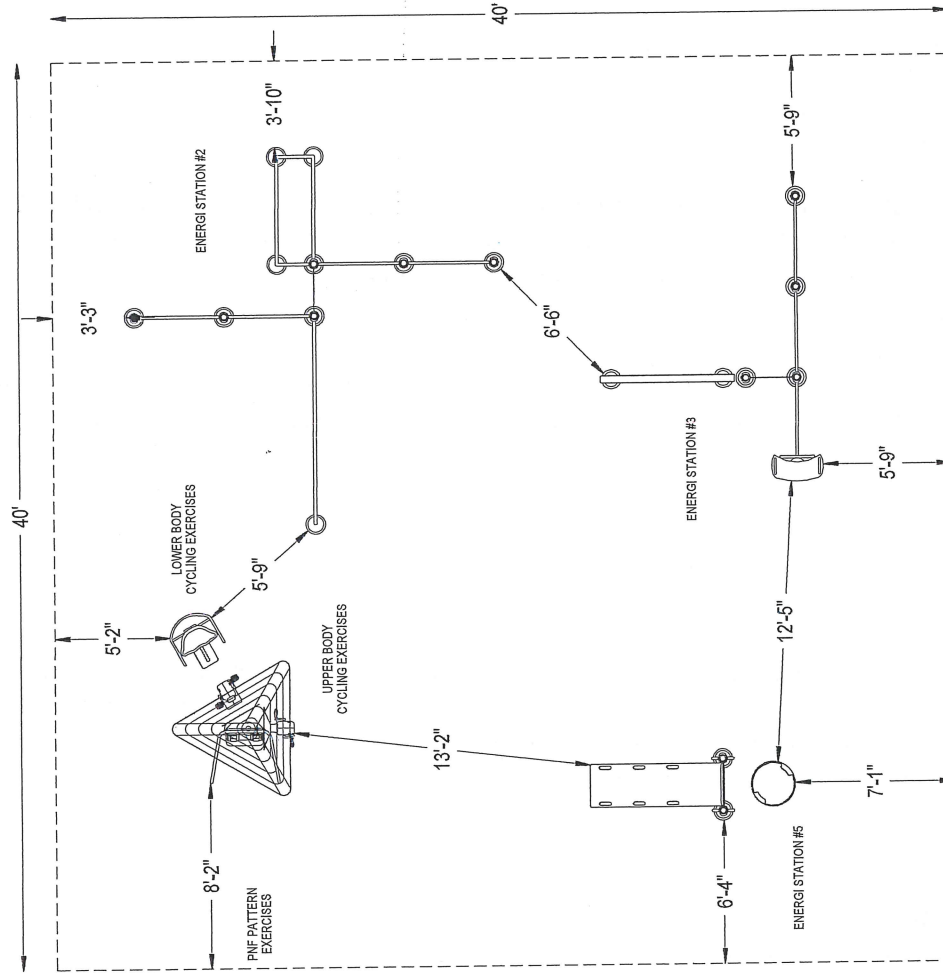
SCALE:
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DANA GRUBBS

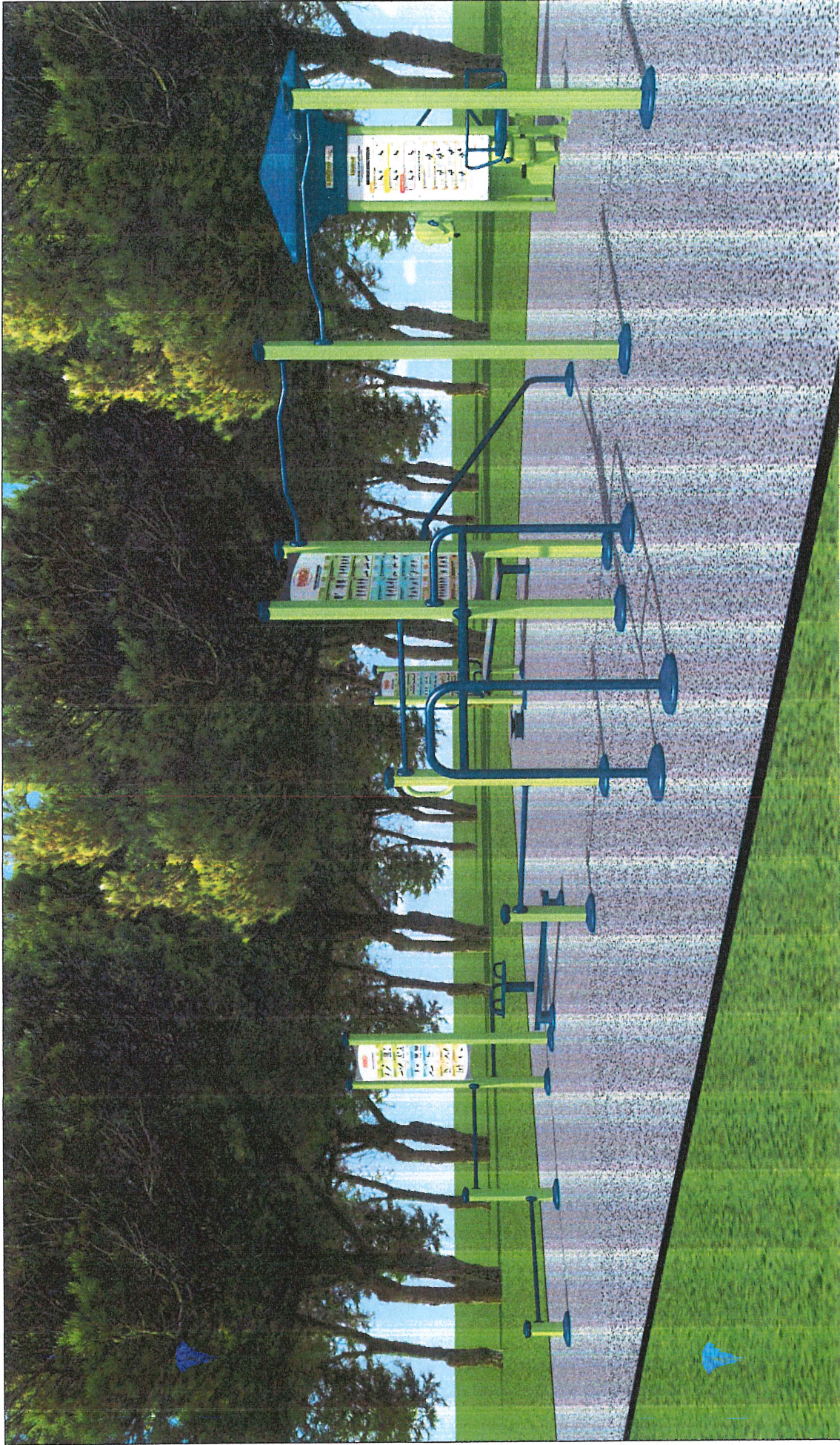
Paper Size

B

DATE:
28-NOV-17



*PLAYGROUND SUPERVISION REQUIRED



Buttonwood Park

Sales Representative

ultiplay

Equipment Manufacturer

PLAYWORLD
The Outdoor Recreation Group



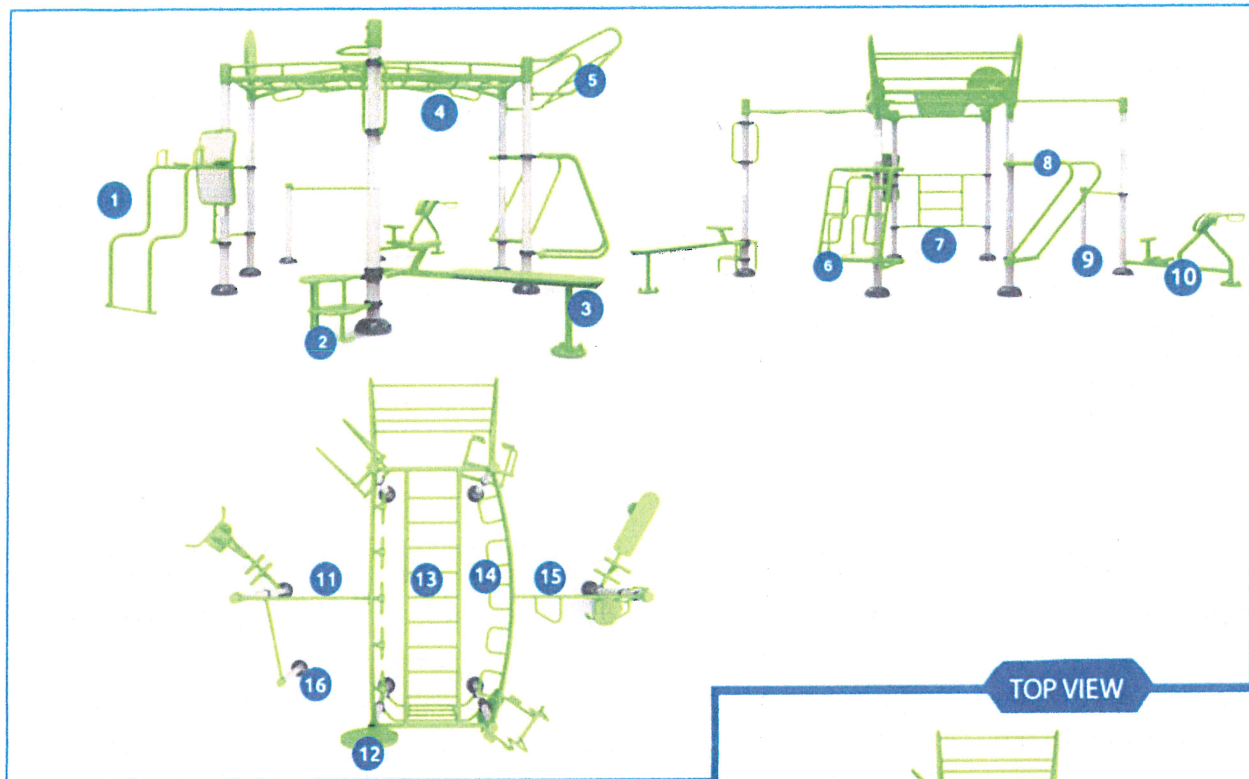
Buttonwood Park

Sales Representative

Utiplay

Equipment Manufacturer

PLAYWORLD
PLAYWORLD

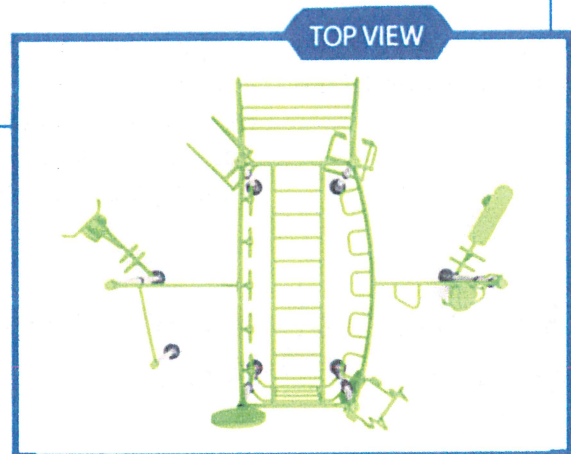


Specifications: 24'L x 18'W x 11'H "

Stations: 15

Users: 16+

[Click here to download catalog](#)



1. Multi- Use Leg Lift:

Training: Perfect for Leg Lifts, Knee Lifts and Dips. The frame can be utilized for Tricep dips and Incline Push-ups.

2. Multi-level Steps:

Training: Perfect for many different leg exercises, including (but not limited to) Step-ups for developing balance, as well as your thighs and quads, or Bulgarian Split Squats to develop your quads and glutes.

3. Sit-up Bench:

Training: Traditional station for strengthening your abs and core, as well as the flexor group of muscles of the hip and upper thigh.

4. Ninja Rings:

Training: The arc design and moving bars make this a challenging exercise while you traverse across. Great for building back, chest and triceps.

5. Flying Pull-up Bar:

Training: : Develop explosive power, hand/eye coordination, and strength development with this challenging pull-up ladder.

6. Push-up Station:

Training: A multi-level station that allows inclined push-ups at various levels.

7. Vertical Ladder:

Training: Multi-level bars for stretching and strength building

8. Dip Station :

Training: Traditional station that is perfect for strengthening the triceps

9. Inverted Row Bar:

Training: Works your Back, Biceps and Core.

10. Back Extension :

Training: : Helps strengthen your abdominal and lower back muscles, while building a strong core.

11. Pull-up Bar:

Training: A multi-level station that allows inclined push-ups at various levels.

12. Medicine Ball Target:

Training: Great way to utilize various medicine ball throws

13. Horizontal Ladder:

Training: Traverse across the static bars, developing your Lats, Shoulders and Biceps.

14. Monkey Bars:

Training: Works your Back, Biceps and Core.

15. Pull-up Bar with Handles:

Training: Another way to mix up your pull-up workouts by utilizing the static handles

16. Option... Battle Ropes!:

Training: We even designed the ExoCage to give you the space needed to attach your Battle Ropes!

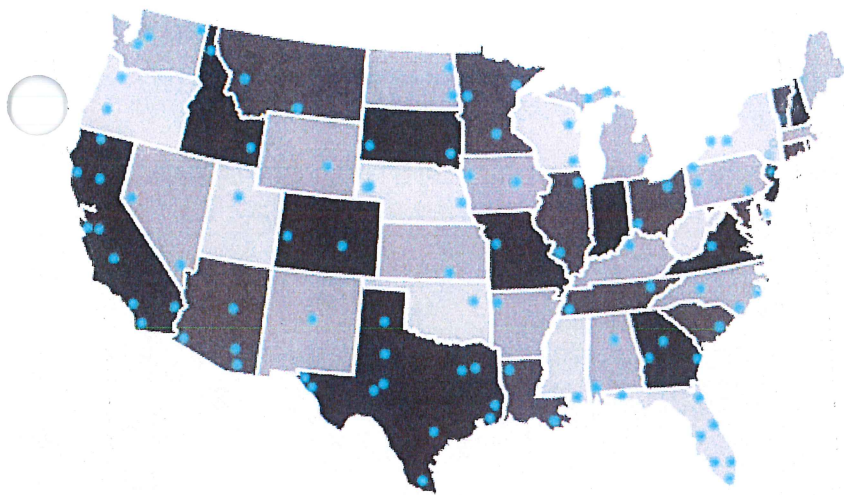
Menu

Home

Contact

Exofit Outdoor
Fitness

Follow us



2018

NATIONAL FITNESS CAMPAIGN

100 CITIES

FITNESS COURT

THE BEST OUTDOOR GYM
IN THE WORLD

2018 PROGRAM INCLUDES:

CAMPAIGN ECOSYSTEM

Partnership and Activation Support System



FREE MOBILE APP



FUNDING SUPPORT



NATIONAL PROMOTIONS



BUILDING COMMUNITY



FITNESS CHALLENGES

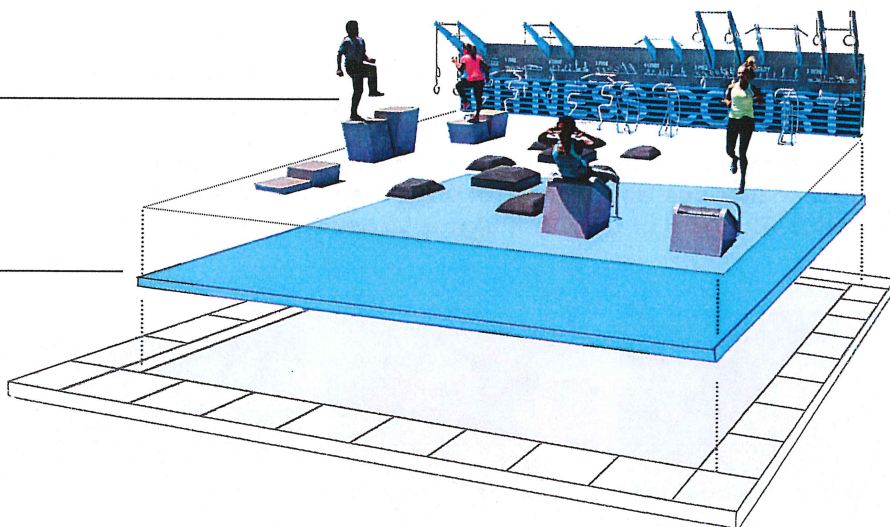
OUTDOOR BODYWEIGHT CIRCUIT TRAINING SYSTEM

(provided by NFC)

SPORTS FLOORING

CONCRETE PAD

(38'x38', provided by city)



PROGRAM FUNDING

TOTAL FUNDING REQUIRED: \$90,000 +INSTALLATION

CITY

80,000\$

COMMUNITY (varies)



FITRADIO

NATIONAL
SPONSOR

10,000\$

+

INSTALLATION

(VARIES)

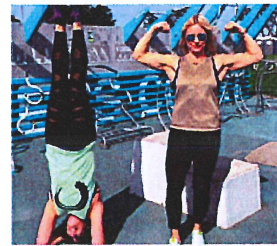


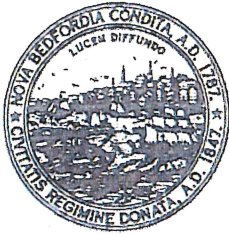
NFC FITNESS COURT: A FREE FITNESS CLUB WITHOUT WALLS

National Fitness Campaign (NFC) is changing the face of health care in America by making World Class Fitness Free in public spaces everywhere.

The Campaign is built around the NFC Fitness Court, an outdoor body-weight Fitness Club without walls. The Fitness Court offers innovative seven minute training routines to provide full body workouts for adults of all ages.

The system was designed by NFC and tested in San Francisco for more than three years, where digital tools, fitness challenges, and incentives were created to make fitness fun, accessible, and Free to people across America. The goal of the Campaign is to neutralize backend healthcare, by investing in front end fitness!





CITY OF NEW BEDFORD

CITY COUNCIL

July 16, 2015

WRITTEN MOTION

On behalf of Jeanne Costa, resident of New Bedford, requesting, that the City consider Out Door Fitness Equipment to be located in parks across the City, in an effort to promote good health and continue wellness for the City residents; and further, that the City Council support this initiative with funds generated from the Community Preservation Act. (To be Referred to the Committee Appointments and Briefings and the Park Board.)

Naomi R.A. Carney, Councillor at Large

IN CITY COUNCIL, July 16, 2015

Adopted.

Presented to the Mayor for approval July 20, 2015.

RETURNED UNSIGNED September 03, 2015.

a true copy attest:

Dennis W. Farias, City Clerk

Dennis W. Farias, City Clerk

City Clerk

**BUTTONWOOD PARK AREA/HISTORIC DISTRICT
NEIGHBORHOOD ASSOCIATION**

November 30, 2017

**Sheriff Thomas M. Hodgson
400 Faunae Corner Road
No. Dartmouth, MA 02747**

Dear Sheriff Hodgson,

We, the Buttonwood Park Area/Historic District Neighborhood Association are working in conjunction with the City of New Bedford and Cultural Consultants on a Community Preservation-outdoor adult fitness project at Buttonwood Park, New Bedford, MA.

We are inquiring on the availability of the inmate work crew by being part of this project for labor assistance projection date, Fall 2018.

Any questions, please call Jeanne Costa 509-999-1223 for more details.

Thank you,

**Jacqueline Bonfiglio-Naja
Buttonwood Park Area/Historic District
Neighborhood Association**



City of New Bedford

Office of City Council

133 William Street • New Bedford, Massachusetts 02740
(508) 979-1455 • Fax: (508) 979-1451

Kerry Winterson
Councillor Ward Five

November 13, 2017

To whom it may concern:

I am writing this letter in support for the CPA proposal for the outdoor adult fitness project at Buttonwood Park, located at the northern tennis court to continue the theme of the upcoming renovations in this area.

Sincerely,

Kerry Winterson
Ward 5 City Councilor



CITY OF NEW BEDFORD

PARKS, RECREATION & BEACHES

JONATHAN F. MITCHELL



November 30, 2017

Re: Proposal for the adult outdoor fitness court at Buttonwood Park

To Whom It May Concern,

The Department of Parks Recreation & Beaches supports the grant application for funding by the Cultural Consultants c/o Jeanne Costa and Buttonwood Park Neighborhood Association for the adult outdoor fitness court at Buttonwood Park project. We are committed to ensuring access to outdoor recreational opportunities for all residents, regardless of age, income or ability and other unique needs of different segments of the community. This project will expand the offerings in our public spaces to a diverse population in need of free and outdoor recreational opportunities.

If the project is selected for funding, this department will work closely with them to on all aspects of installation and procurement. The proposal was brought before the Park Board who also support the adult outdoor fitness court concept at Buttonwood Park.

Thank you for your consideration.

Sincerely,

Mary S Rapoza, Director

ADMINISTRATIVE OFFICES
181 HILLMAN STREET, BLDG. #3
NEW BEDFORD, MA 02740
PHONE 508-961-3015

MAILING ADDRESS
181 HILLMAN STREET
BOX #9, NEW BEDFORD, MA 02740
FAX 508-991-6175



DEPARTMENT OF COMMUNITY SERVICES
COUNCIL ON AGING DIVISION

CITY OF NEW BEDFORD
JONATHAN F. MITCHELL, MAYOR

COUNCIL ON
AGING
181 HILLMAN
STREET
NEW BEDFORD, MA
02740
TEL: 508. 991.6250
FAX: 508. 979.1514

November 30, 2017

Re: Exercise Equipment for Buttonwood Park

Dear Ms. Costa,

SENIORSCOPE
NEWSPAPER
181 HILLMAN STREET
BLDG. 9
NEW BEDFORD, MA
02740
TEL: 508. 979.1510
508. 979.1544
FAX: 508. 979.1514

The Seniors in New Bedford make up nearly 25% of the City's population. This ranks the City of New Bedford with the second largest percentage population of Seniors in the state. The New Bedford Council on Aging is eager to be able to provide this very special segment of the population with the things that assist them in continuing to be able to age in place. To this end the City took on the Age Friendly Project with the World Health Organization nearly two years ago.

BUTTONWOOD
CENTER
1 ONEIDA STREET
EW BEDFORD, MA
02740
TEL: 508.991.6170
EXT. 5
FAX: 508.
979.1726

The City of New Bedford is at the tail end of the process for becoming an Age Friendly/Livable Community. The New Bedford Council on Aging in collaboration with Coastline Elderly Services have worked very hard over the last two years on this process. Part of the process included surveying a portion of the senior population in New Bedford in order to ascertain their needs. Outside spaces was an area of need that was identified. The securing of this exercise equipment through this grant process would go a long way to helping us to provide even more than we currently are able.

ADULT SOCIAL DAY
CARE PROGRAM
1997 ACUSHNET
AVE.
NEW BEDFORD, MA
02745
TEL: 508.961-3100

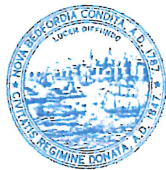
My hope is that this letter would serve as a letter of support to the grant process. If I can be of any further assistance, please do not hesitate to contact me directly.

HAZELWOOD
CENTER
553 BROCK AVE.
NEW BEDFORD, MA
02744
TEL: 508.991.6208
FAX: 508.961.6163

Debra Lee

SENIOR TRAVEL
PROGRAM
553 BROCK AVE.
NEW BEDFORD, MA
02744
TEL: 508.991.6171
FAX: 508.991.6163

Council on Aging Director
Telephone: 508-991-6251



COMMISSION FOR CITIZENS WITH DISABILITIES

CITY OF NEW BEDFORD
JONATHAN F. MITCHELL, MAYOR
DENNIS DEMARINIS, JR., CHAIR

November 30, 2017

Dear Sir or Madam:

The New Bedford Commission for Citizens with Disabilities is delighted to lend its support for the grant application that would provide funding for an adult outdoor fitness court at Buttonwood Park.

The Commission is committed to ensuring access to outdoor recreational opportunities for residents of all ages and abilities. This project would complement the accessible playground that is on the grounds by providing similar access to an older population that frequents the park in large numbers.

As such, we endorse the proposal submitted by the Department of Parks, Recreation and Beaches.

Thank you for your consideration.

Best regards,

Dennis DeMarinis, Jr.
Chair